

Steps of Prompted Voiding Technique and Caregiver Behaviours	
Prompted Voiding technique	Caregiver Behaviours
Approach person at scheduled prompted voiding time (15 minutes before or after assignment is acceptable)	Monitor
Greet individual	Prompt
Wait 5 seconds for individual to self-initiate request to toilet	Prompt
Ask person if he or she is wet or dry.	Prompt
Physically check person to determine continence status.	Monitor
Give social feedback. Praise, if dry. No comment, if wet.	Praise
Prompt individual to toilet (regardless of continence status).	Prompt
Offer person assistance with toileting.	Prompt
Give social feedback. Praise desired toileting behaviour.	Praise
Inform individual of the time of next scheduled prompted voiding session.	Prompt
Encourage individual to hold urine in bladder until next Scheduled prompted voiding session.	Prompt
Encourage individual to ask for toileting assistance, as needed.	Prompt
Record results of prompted voiding session on urinary continence monitoring form.	Monitor

From: Lyons, S. & Pringle Specht, J. 2000. Prompted voiding protocol for individuals with urinary continence. **Journal of Gerontological Nursing**. 26(6): 5-13.

Prompted Voiding – Useful References

Anna and Harry Borun Center for Gerontological Research. *Incontinence Management Training*. Assessed July 7, 2009.

http://www.geronet.med.ucla.edu/centers/borun/modules/Incontinence_management/about.htm

An excellent modular learning tool on prompted voiding.

Lyons, SS, & Pringle-Spect, JK. Prompted voiding protocol for individuals with urinary incontinence. *JGerontological Nursing*, 2000; 26(6): 5-13.

Good overview of how to implement a prompted voiding protocol.

Ouslander JG, Schnelle JF, Uman G, Fingold S, Nigam JG, Tuico E, & Bates-Jensen B. Predictors of successful prompted voiding among incontinent nursing home residents. *J Am Med Assoc*, 1995b;273(17):1366-1370.

- Good discussion of the factors that can be considered when determining if a resident will benefit from prompted voiding.