

# **“Caring-About-Caregivers”**

## **Long-Range Scenario Planning to 2033**

Long-Range Scenario Planning Unit  
Ministry of Health and Long-Term Care

Updated 2009-03-05

# "Caring-About-Caregivers"

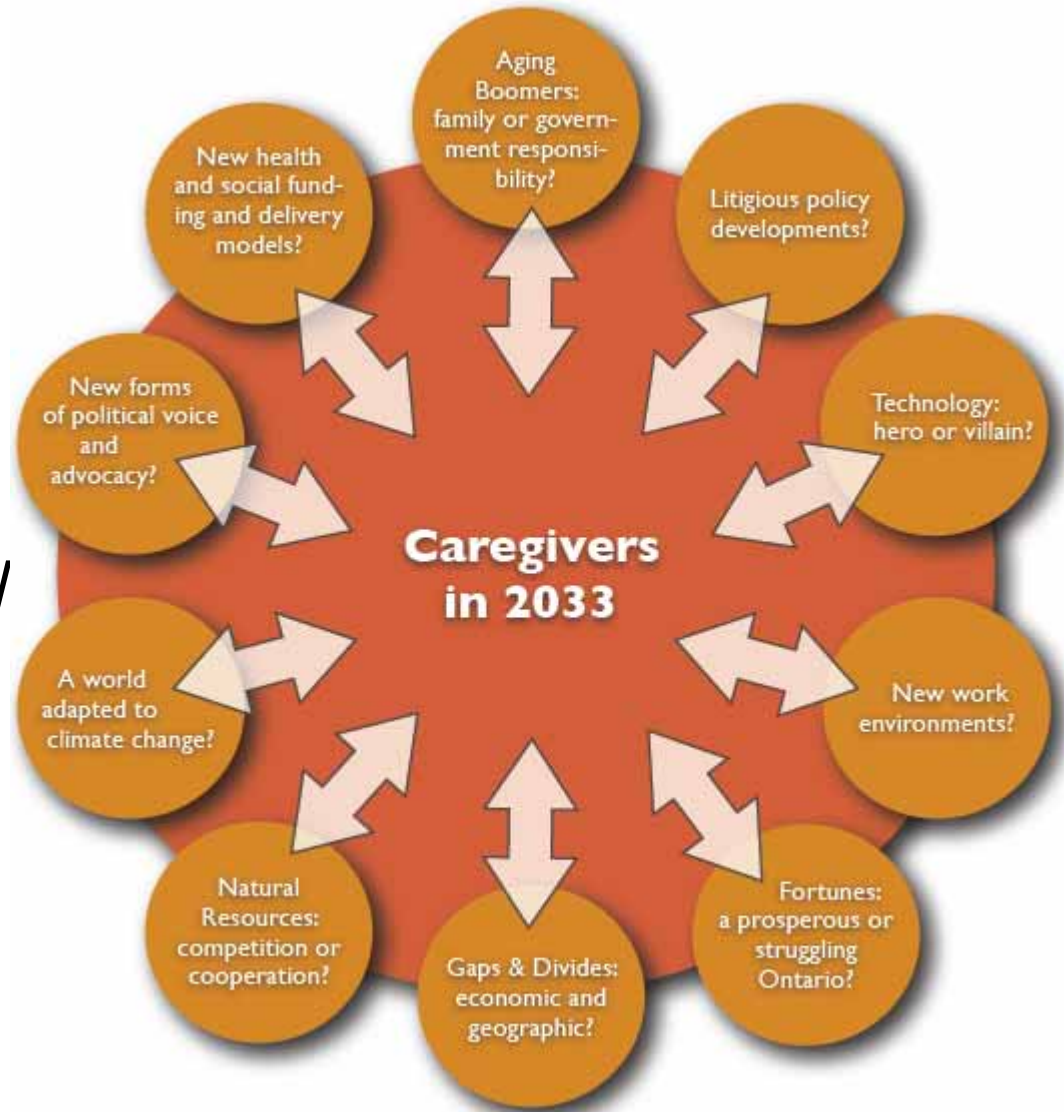
Caring-About-Caregivers focuses on informal primary caregivers who are involved in

- the most intense levels of caring;
- caring for one or more immediate family members, relatives or friends who *may be a child or an adult*, with
- *long-term physical or mental health condition or who are frail or disabled.*

The project uses LRSP and explores the potential roles of the government, community agencies and employers in strategy options supporting informal primary caregivers in the next 25 years, to:

- Provide a **forward-looking caregiver focus** to inform related strategies and help keep us ahead of the curve
- Examine **catalytic opportunities** for government, community agencies and employers to contribute to the continuum of support
- Target improvements in the Health Status, Work/Life Balance, Workforce Participation and Quality of Life of Informal Caregivers

In October 2008,  
120 Informants and  
Experts helped identify  
major trends, drivers  
and challenges



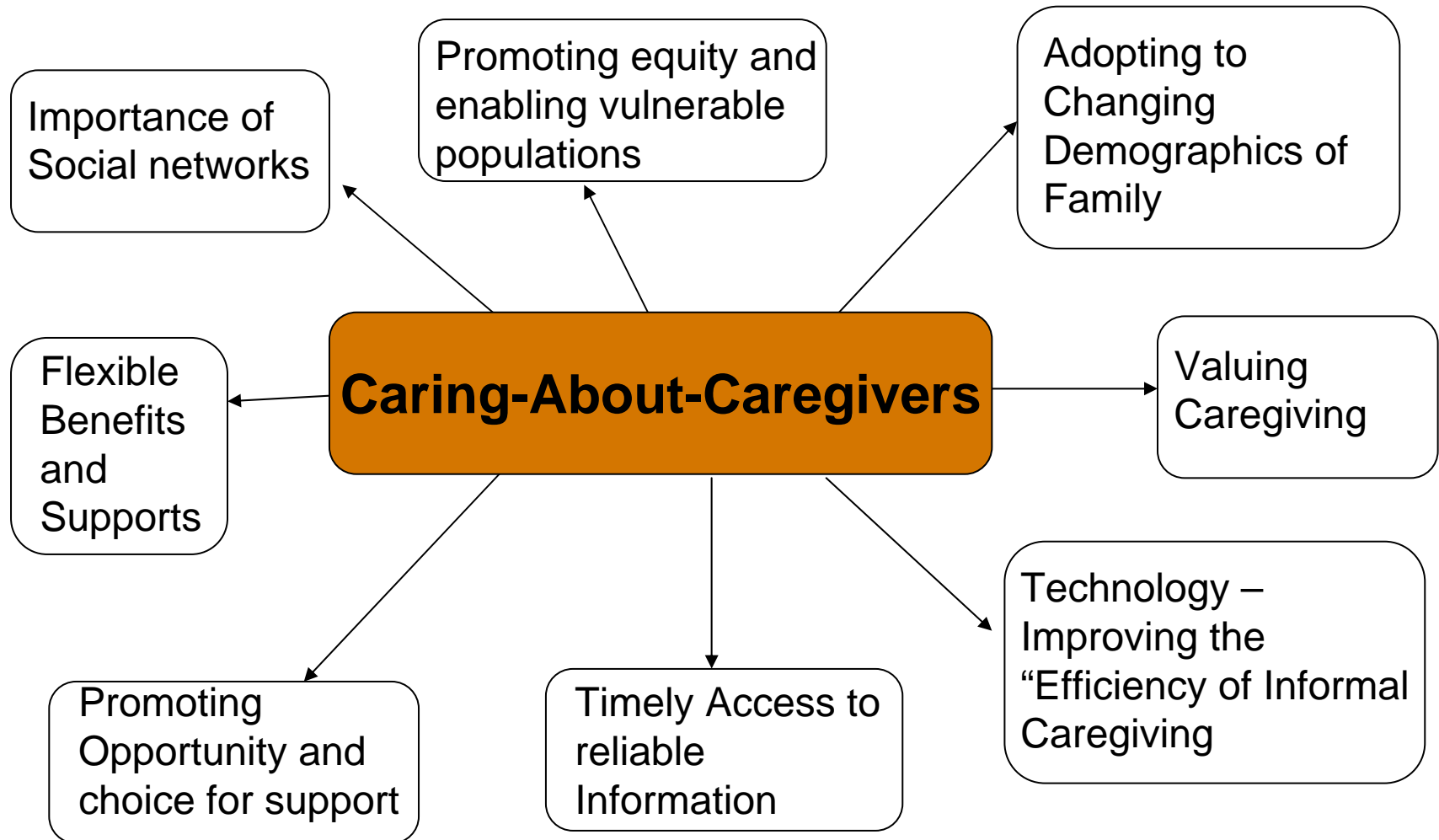
## *Plot lines for the Scenarios*

6 long-range themes were blended into four future scenarios of caregiving (representing plausible, not preferred futures) for discussion in workshops with health leaders

Health leaders from selected communities (e.g. Aboriginal, LGBT) are being separately interviewed to ensure due consideration of their perspectives



*Input from workshops and subsequent interviews with additional 30 experts and informants was used to develop 8 repeating robust themes and 23 options*



*LRSP - infuses adaptive thinking into our inherently complex and unpredictable health system.*

## **LRSP:**

- uses a 10 to 25 year planning horizon to address issues in complex, turbulent, futuristic environments;
- represents extreme plausible futures developed with stakeholders to illustrate shared concerns and assumptions;
- illustrates implications of diverse options for the future;
- identifies patterns to manage differing future conditions;
- acts as common platform for collaboratively testing and developing long-range strategies and policies;
- helps reveal foresights and core competencies which are valued and strategic for organizations and public initiatives; and
- stimulates learning, systemic thinking and risk management.

*LRSP blends major trends, drivers and challenges into accessible scenarios to help leaders identify robust strategies*

1	2	3	4	5
Major trends, drivers and challenges in the next 25 - 50 years are identified	Trends, drivers and challenges are blended into extreme but plausible scenarios	Strategic responses that will allow us to succeed in each scenario are identified	Strategic themes that repeat across scenarios are surfaced	Leading Indicators and corresponding targets are identified.

Subject matter experts, visionaries and opinion leaders; practice leaders, planners, decision makers

# Contact Information

Jerry Chek-Hung Koh

[JerryChekHung.Koh@Ontario.ca](mailto:JerryChekHung.Koh@Ontario.ca), 416-327-8544

Kathy Sirotnik

[Kathryn.Sirotnik@ontario.ca](mailto:Kathryn.Sirotnik@ontario.ca), 416-327-8348

Long-Range Scenario Planning Unit

Health System Strategy Branch

Health System Strategy Division

Ministry of Health and Long-Term Care

80 Grosvenor Street, 8th Floor, Hepburn Block

Toronto, Ontario M7A 1R3

